Samuel L. Hands

Kansas State University
Animal Sciences & Industry
Distinguished Alumnus Award 2010



Sam Hands received a B.S. degree from K-State in 1970 with an impressive record of extracurricular activities. HE then served as a lieutenant in the U.S Army and returned in May of 1973 to the family farming operation near Garden City known as Triangle H Grain and Cattle Co. Today, the operation consists of 10,000 acres, 2,000 commercial cows, and two 4,000 head feedyards. Most cattle are marketed through USPB. Sam has been active at all levels in agricultural organizations as well as their family church. He was Vice-President of the Kansas Beef Council, and President of Beef Empire Days and the KSY Livestock and Meat Industry Council. Sam was recognized by the K-State Block & Bridle Club as both an Honorary Member and as Outstanding Stockman. He is a five-time winner of Beef Empire Days Brookover Memorial Award. He was Beef Improvement Federation's Commercial Producer of the Year in 1982. He and his wife Janet have two daughters and a son.