

# 2026 Sedgwick County 4-H Dairy Cow Showmanship Clinic



**Saturday March 21, 2026**

**Time: 10:00-2:00**

**At the Sedgwick County Fair Grounds**

**Open to all 4-H exhibitors**

**Lunch Provided by Sedgwick County Farm Bureau**



## **Clipping Demonstration**

**Why and when to clip dairy cattle  
Proper equipment and blade use**

## **Nutrition Lesson**

**Basics of dairy cow nutrition  
Feeding for growth, bloom, and body condition**

## **Showmanship Lesson**

**What judges look for in showmanship  
Proper attire and ring etiquette**

## **Hands-On Showmanship Practice**

**Guided practice with live animals  
One-on-one coaching and feedback  
Mock showmanship run-through**

This institution is committed to providing equal opportunity for participation in all programs, services, and activities. Program information may be available in languages other than English. Language access requests and reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, and American Sign Language), may be requested by contacting the event contact Stephanie Hays four weeks prior to the start of the event November 8, 2025 at 316-660-0112 or [sahays@ksu.edu](mailto:sahays@ksu.edu). Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request. Kansas State University is an equal opportunity provider and employer.